

REQEPOST

The monthly connect initiative of Reqelford International School

Theme of the Month -

Exploring Adventure Sports



Dear Parent,

Greetings from Reqelford International School!!

February was a vibrant and enriching month filled with educational, cultural, and awareness activities. The month began with an insightful career guidance session conducted by **Dallas Baptist University**, which helped students explore higher education opportunities and career paths. Important global observances such as **National Women Physicians Day**, **World Cancer Day**, **World Pulses Day**, **International Day of Women and Girls in Science**, **World Congenital Heart Defect Awareness Day**, and **International Mother Language Day** were observed to spread awareness about health, nutrition, gender equality in science, heart health, and linguistic diversity. A **self-defence session for girls** by the Tiger Cubs team empowered students with essential safety skills, while **NCC** cadets actively participated in the National Cadet Corps parade and theory classes, promoting discipline and leadership. **Scouts and Guides** engaged in meaningful service activities, fostering teamwork and responsibility. Students also learned about India's cultural heritage through **Taj Mahotsav**, and celebrated **National Science Day**, encouraging scientific thinking and innovation. Overall, February was a month of awareness, empowerment, and holistic development.

03.02.2026: ASSEMBLY ON 'NATIONAL WOMEN PHYSICIANS DAY' BY GRADE 2C

On 3rd February, the students of Grade 2C confidently presented an engaging introduction to the significance of National Women Physicians Day. They explained that the day is celebrated to honour the remarkable contributions of women doctors who tirelessly dedicate their lives to caring for people and saving lives.

Through short and thoughtful speeches, the students shared interesting facts about women in the medical field, highlighting their dedication, compassion, and unwavering commitment to healthcare. Their presentations reflected admiration for the vital role women physicians play in society and how they continue to inspire future generations.

The Vice Principal, Mrs. Glory Manjula, appreciated the students' efforts and encouraged everyone to respect and value the invaluable service of doctors, especially women physicians who consistently break barriers and set inspiring examples in the medical profession.



03.02.2026: CAREER GUIDANCE SESSION BY DALLAS BAPTIST UNIVERSITY FOR GRADES IX – XII (CBSE & CAMBRIDGE)

On 3rd February 2026, Regelford International School hosted an inspiring Career Guidance Session in collaboration with Dallas Baptist University (DBU), USA. The session aimed to provide students with valuable insights into global academic pathways, higher education opportunities, and international collaborations.

The keynote speakers for the session were Mr. Phil Armstrong, Director of Global Community at DBU, and Dr. Sanjay Purushotham, India Liaison for International Affairs at DBU. On behalf of the school, Mrs. Rajitha Balasubramanyam, Vice-Principal, warmly welcomed the distinguished guests and expressed gratitude for their presence.

During the session, both speakers shared their expertise and experiences, offering students a comprehensive understanding of international education systems and emerging global career prospects. Mr. Phil Armstrong spoke about the academic excellence of Dallas Baptist University, highlighting its vibrant campus life, values-based education, and diverse undergraduate and postgraduate programs. He also elaborated on scholarship opportunities and the university's commitment to nurturing future global leaders.

Dr. Sanjay Purushotham provided detailed guidance on the admission process, eligibility criteria, standardized tests, visa procedures, and financial planning for students aspiring to pursue higher education in the United States. His insights helped students gain clarity about the steps involved in studying abroad.

Dr. Vidya Sravanthi, Founder and Principal of Regelford International School, encouraged students to dream big and confidently explore international opportunities. She emphasized the importance of informed decision-making, strong academic foundations, and holistic development in achieving global success.

The session concluded with an interactive Q&A segment, where students enthusiastically addressed their queries regarding courses, campus life, career prospects, and scholarship options. Overall, the Career Guidance Session proved to be an enriching and insightful experience, strengthening international collaboration and empowering students with the knowledge and confidence to pursue higher education abroad.

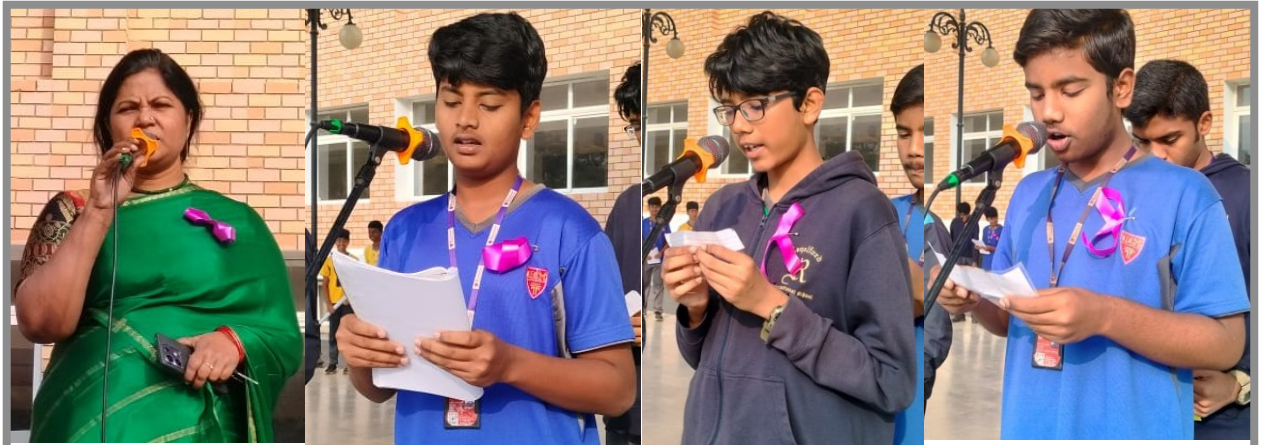




05.02.2026: ASSEMBLY ON WORLD CANCER DAY BY GRADE VIII-A CBSE

On 5th February 2026, the students of Grade 8A (CBSE) conducted a meaningful and informative assembly on the occasion of **World Cancer Day**. The assembly aimed to spread awareness about cancer, its prevention, early detection, and the importance of supporting those affected by the disease.

Mrs. Glory Manjula, Vice-Principal (Academics) highlighted the emotional and physical challenges faced by cancer patients and the need for compassion and support from family, friends, and society. She inspired that cancer can be fought with awareness, timely medical care, and a positive attitude.



06.02.2026: FIELD TRIP: PRE-PRIMARY – SRINIDHI RESORTS, GHATKESAR & PRIMARY – BLUTHUNDER, BIBINAGAR



06.02.2026: SELF DEFENCE SESSION FOR GIRLS – BY TIGER CUBS TEAM

On 6th February 2026, the Tiger Cubs team conducted an empowering and impactful self-defence session for the girls of Middle, High, and Senior School at Reqelford International School. The session was designed to equip students with essential self-protection skills while strengthening their confidence, awareness, and presence of mind.

During the session, the trainers demonstrated simple yet effective techniques to help students protect themselves in common threatening situations. They guided the participants through practical demonstrations, ensuring that every girl clearly understood the importance of correct posture, balance, and body movement while performing the techniques safely and effectively.

The management and staff of Reqelford International School appreciated the initiative and expressed their sincere gratitude to Mr. Shiva and the Tiger Cubs team for organizing such a meaningful and impactful program that contributes to the safety and empowerment of young girls.



09.02.2026: PARIKSHA PE CHARCHA – GRADES X & XII CBSE

On 9th February 2026, Reqelford students enthusiastically participated in Pariksha Pe Charcha an inspiring interactive virtual session led by the Hon'ble Prime Minister of India, Narendra Modi. The program was streamed live, where students of Classes IX to XII, along with teachers gathered to witness the session. During the interaction, Shri Narendra Modi shared practical advice on managing stress, maintaining focus, and adopting a balanced lifestyle during examination periods.

He emphasized the importance of self-belief, time management, and viewing exams as opportunities for growth rather than pressure-filled challenges. His motivational words encouraged students to compete with themselves instead of comparing their performance with others.



- Reqelford students Aahana Sarkar - 6B, Aahili Maragani - 7A and Sam Isaac Paul – 8B participated in **Think Quest School Level Competition** (Math and Science quiz)



- The students from primary, middle school and high school participated in SOF Olympiad and won **Gold Medals and certificates!**



10.02.2026: ASSEMBLY ON WORLD PULSES DAY BY GRADE 1A

On 10th February, the students of Grade 1A conducted a special assembly to celebrate 'World Pulses Day'. The students confidently spoke a few lines about why we celebrate World Pulses Day on 10th February every year. They explained that pulses such as lentils, beans, chickpeas, and peas are healthy, rich in protein, and help us grow strong.



11.02.2026: ORIENTATION PROGRAMME BY NATIONAL UNIVERSITY OF SINGAPORE@RFIS

On 11th February, Reqelford International School organized an orientation programme for grades 8-12 (CBSE & Cambridge) by National University of Singapore at UK Auditorium, RFIS. The session was led by Ms. Anchal Bansal, University Representative, who spoke about global pathways and international higher education opportunities. They provided valuable insights into:

- Academic programs and strengths of NUS
- Global career pathways and industry connections
- International exposure and research opportunities
- Admission process and eligibility criteria
- Preparing students for global universities

Dr. Vidya Sravanthi Ma'am, Founder & Principal of Reqelford International School highlighted about the session which was informative and helped students gain clarity about pursuing higher education abroad, particularly at world-class institutions like NUS.



13.02.2026: FUNTASTIC FRIDAY ACTIVITIES BY PRIMARY GRADES
CREATIVE CLAY MODELING,
THEME: FRUITS & FLOWERS & ORIGAMI ACTIVITY



ORIGAMI ACTIVITY:



14.02.2026: PARENT TEACHER MEETING FOR PERIODIC TEST-3 RESULTS

The Parent-Teacher Meeting (PTM) for discussing the results of Periodic Test-3 was successfully conducted at Regelford International School on 14th February. The meeting aimed to provide parents with a comprehensive overview of their student's academic progress, strengths, areas for improvement, and overall performance during the third periodic tests of the academic session.

The PTM concluded on a successful note, reinforcing the shared commitment of the school and parents toward nurturing confident, responsible, and academically proficient learners. Overall the meeting strengthened communication between parents and teachers and ensured a clear understanding of students' progress following Periodic Test 3.







16.02.2026: ASSEMBLY ON WORLD CONGENITAL HEART DEFECT AWARENESS DAY BY GRADE - VIII C (CBSE)

On 16th February, the students of Grade 8C (CBSE) conducted a meaningful and informative assembly to observe World Congenital Heart Defect Awareness Day. The assembly aimed to raise awareness about congenital heart defects (CHDs), their causes, the importance of early detection, and the need for empathy and support for affected children and their families.

During the assembly, the students explained that congenital heart defects are structural abnormalities in the heart that develop before a baby is born. Through a thoughtful speech, they highlighted that CHDs are among the most common birth defects worldwide and stressed the importance of early diagnosis and timely medical care to improve outcomes.

The presentation also featured the significance of the colour red, which symbolizes heart health and serves as a powerful reminder to spread awareness about congenital heart conditions. The assembly was both educational and inspiring, successfully encouraging students to understand, support, and show compassion toward individuals affected by congenital heart defects.



17.02.2026: ASSEMBLY ON TAJ MAHOTSAV BY GRADE 1B



20.02.2026: SCOUTS & GUIDES SESSION

On 20th February, a Scouts and Guides training session was successfully conducted at Reqelford International School. The session was both educational and practical, aimed at equipping students with essential scouting skills and teamwork abilities.

The primary focus of the training was **knot tying techniques**, where students learned how to tie different types of knots used in scouting activities. They were taught the importance of each knot, its specific uses, and how it ensures safety during outdoor adventures. The hands-on practice helped students improve their coordination, patience, and attention to detail.

Another key part of the session was **camping skills**. Students were introduced to the basics of organizing a campsite, understanding outdoor safety measures, and learning how to work together effectively in a camping environment. Emphasis was placed on discipline, responsibility, and cooperation. This activity encouraged teamwork and leadership among students.

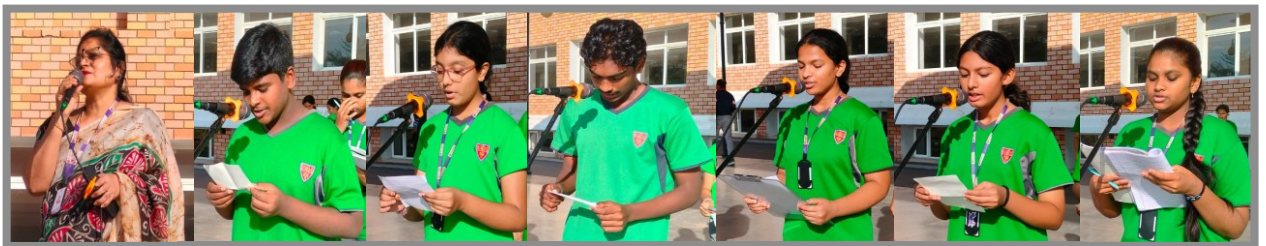


21.02.2026: ASSEMBLY ON MOTHER LANGUAGE DAY BY PHOENIX HOUSE

On 21st February 2026, Phoenix House conducted a special assembly at Reqelford International School to commemorate International Mother Language Day. The assembly was thoughtfully organized to emphasize the importance of preserving our mother tongues and celebrating the richness of linguistic diversity across cultures.

The students eloquently spoke about the significance of International Mother Language Day, highlighting how languages serve as a vital link to our heritage, traditions, and cultural identity. Through their presentation, they emphasized that respecting and nurturing one's mother tongue helps preserve the cultural fabric of society while fostering mutual understanding among diverse communities.

The highlight of the assembly was the inspiring address delivered by Vice-Principal Mrs. Rajitha Balasubramanyam. In her speech, she encouraged students to take pride in their native languages and to cherish, learn, and speak them with confidence. Her motivating words reminded everyone of the importance of valuing linguistic diversity and strengthening the spirit of unity in diversity.



Arige Lohitha from Grade VIII-C CBSE participated in
'Shiv Aradhana Kala Mahotsav' conducted by Glitz & Glory & secured 1st prize



23.02.2026: ASSEMBLY ON WORLD PEACE AND UNDERSTANDING DAY BY GRADE –VII A (CBSE)

On 23rd February 2026, Class VIII A conducted a special assembly on the occasion of World Peace and Understanding Day. The assembly aimed to spread the message of harmony, unity, and mutual respect among all. Students explained how small acts of understanding can create big changes in society. The assembly was meaningful and inspiring, helped students understand that peace starts with small actions, respecting others, listening patiently, and spreading kindness every day.



24.02.2026: ASSEMBLY ON CENTRAL EXCISE DAY BY GRADE 1-C

On 24th February, the students of Grade 1C conducted a special assembly to mark Central Excise Day. The assembly was organized to create awareness among students about the importance of excise duty and its role in the development of our country.

The young students confidently spoke a few lines about why Central Excise Day is celebrated on 24th February every year. They explained that this day commemorates the enactment of the Central Excise and Salt Act in 1944 and highlights the contribution of the Central Board of Indirect Taxes and Customs in strengthening the nation's economy.



REQELFORD PLAY SCHOOL - MAHENDRA HILLS

PICNIC TO N.T.R GARDENS





PARENT TEACHER MEETING – PERIODIC TEST-3 RESULTS



RYTHU BAZAR



WHITE & BLACK DAY ACTIVITY





SNOW WHITE STORY TIME



REQELFORD PLAY SCHOOL - MAHENDRA HILLS

PICNIC TO NTR GARDENS



PARENT TEACHER MEETING - PT-3 RESULTS



REQELFORD INTERNATIONAL SCHOOL

ACADEMIC YEAR 2025 - 26 CCA PLAN FOR MARCH - 2026

THEME - Exploring: MUSIC, Focus: JOURNEY THROUGH VARIOUS MUSIC GENRES

DATE	GRADES	NAME OF THE ACTIVITY	TEACHER INCHARGE
2.3.2026 MONDAY	I TO VIII	TERM-2 EXAMS resume	EXAM DEPT.
3.3.2026 TUESDAY	NUR TO XII	HOLI HOLIDAY	
11.3.2026 WEDNESDAY	I to VIII	TERM-2 EXAMS ENDS	
12.3.2026 THURSDAY	I TO VIII	SPELL BEE - FINAL ROUND BRIDGE COURSE BEGINS	SARIKA
13.3.2026 FRIDAY	NUR TO IX,XII	ACHIEVERS' DAY 2025-26	
14.3.2026 SATURDAY	VI TO XII	GRADUATION DAY & PTM FOR UKG BOOKS & UNIFORM WILL BE AVAILABLE FOR GR-1 SCHOLASTIC BOOK FAIR	ARLENE
16.3.2026 MONDAY	I TO XII	NATIONAL VACCINATION DAY ASSEMBLY BY GRADE – 8 IG MORNING SCHOOL BEGINS	MAHESHWARI
18.3.2026 WEDNESDAY	ALL GRADES	BRIDGE COURSE ENDS	
19.3.2026 THURSDAY	I TO XII	UGADI HOLIDAY BOOKS & UNIFORM WILL BE AVAILABLE	DAVID
20.3.2026 FRIDAY	I TO XII VIII	BOOKS & UNIFORM WILL BE AVAILABLE OPEN HOUSE FOR GR- 1 TO 8 MILLENNIUM BOOK FAIR NCC THEORY & SCOUTS AND GUIDES	DAVID KIRAN
21.3.2026 SATURDAY	I TO XII	RAMZAN HOLIDAY BOOKS & UNIFORM WILL BE AVAILABLE	
22.3.2026 SUNDAY	NUR TO XII	BOOKS & UNIFORM WILL BE AVAILABLE	
23.3.2026 MONDAY	I TO XII	WORLD WATER DAY ASSEMBLY BY GRADE – 7 IG NEW SESSION BEGINS	RADHIKA
27.3.2026 FRIDAY	I TO XII	NCC & SCOUTS AND GUIDES SAVE WATER DAY CAMPAIGN BY NCC CADETS	KIRAN
30.3.2026 MONDAY	I TO XII	ASSEMBLY BY GRADE – 6 A THE POWER OF POSITIVE THINKING	RAMYAROOPA



Reqelford
INTERNATIONAL SCHOOL

WHERE KNOWLEDGE IS BLISS

The Reqelpost Newsletter is a monthly initiative of Reqelford International School to keep parents informed about the exciting happenings that fill up your child's day at school.
Please post in your feedback and valuable inputs on our website.

www.reqelfordfordinternationalschool.com