

# REQELPOST

The monthly connect initiative of Reqelford International School

Dear  
Friends,

Given below are quotes to remind us of how we can share our  
**love** with **art**

- 1) There is no must in art because art is free  
- Wassily Kandinsky
- 2) Artists are just children who refuse to put down their crayons  
- A Hirshfeld
- 3) If I create from the heart, nearly everything works; if from the head, almost nothing - Marc Chagall
- 4) Art is not a handicraft, it is the transmission of feeling the artist has experienced - Leo Tolstoy

Share  
YOUR  
heart  
WITH YOUR  
art

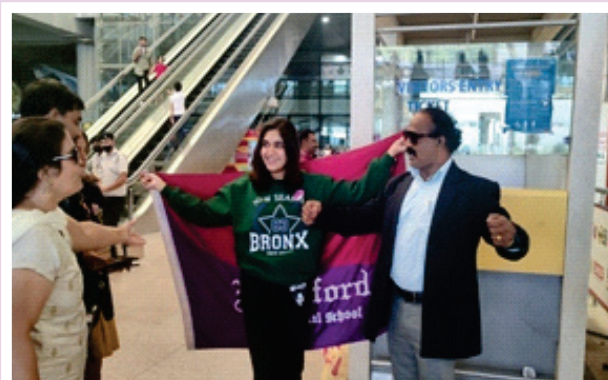
**GREAT & INSPIRING NEWS - REQELFORD IS IN THE NEWS !!**

**LATEST UPDATE ON ESHA SINGH – GOLD MEDAL**



Telangana's Esha Singh and Regelford's student of grade 12CBSE pulled a rabbit out of the hat to win her maiden National Games gold medal in women's 25m sports pistol on 1ST October at the Ahmedabad Military and Rifle Training Association in Khanpur.

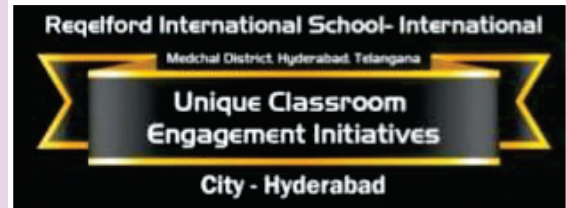
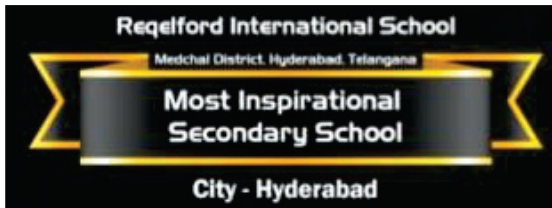
What a proud moment for Regelford International School.





## TOP PSJA 2022 – INDIA'S TOP PRESTIGIOUS SCHOOL JURY AWARDS 2022

Reqelford won the above awards for Unique Classroom Engagement Initiatives & for Most Inspirational Secondary School in the City of Hyderabad.



## CBSE ESSAY WRITING COMPETITION - 10th OCTOBER



We are proud to announce that we uploaded Yashisha's essay on the CBSE website on 10th October. Yashisha is a student of grade 10 CBSE. We are hopeful that her essay will be selected for the varied levels.



Reqelford School Cabinet conducted a Welcome Assembly for all Reqelforders on the first day of rejoining after the holidays. The turnout of students was good.

## Grade I Assembly



Students of the Primary department led the Assembly on 11th October which was the International Day of the Girl Child. The word was 'Empowerment' and students expressed loud and clear that – A girl child is the pride and future of the nation.



## ENHANCE YOUR WORD POWER

Daily assemblies held by different grades often enrich student word power and fluency of the English Language.

Vide an assembly held on 12th October, the audience added a new word to their vocabulary – inscape - the unique essence or inner nature of a person especially depicted in poetry or a work of art. A sentence to support the word was given - You have to find out as much about his inscape as you can. A valued thought was expressed - You are braver than you believe, stronger than you seem and smarter than you think.

## GUEST LECTURE : 14TH OCTOBER



**Regelford International School**  
**RESOURCE TALK ON WELLBEING**

**Mrs. Suman Asrani**  
Nutritionist & Psychologist

**Date : 14th Oct 2022 Friday**  
**Time : 2:00 pm to 3:00 pm**  
**Venue : U.K. Auditorium**  
**Grade : 9th to 12th**

BRITISH COUNCIL Cambridge Assessment International Education Cambridge International School

## Diwali at R H P





## GHMC



## SPORTS UPDATE

Inter School Skating – SANJANA OF GRADE 9IG – THIRD PLACE IN DISTRICT CHAMPIONSHIP 500 METERS FINALS



**Inter School Soccer – MANOJ OF GRADE 9A – MAN OF THE MATCH – RELIANCE YOUTH FOUNDATION CUP 2022 – MATCH RESULT – REQELFORD – 10, GOWTHAM SCHOOL - 0**



**Inter School Tennis – M.YONA - HDTA RANKING TENNIS TOURNAMENT – BOYS UNDER 14- WINNER**



# Run For Unity 31st October 2022

We closed the month with an invigorating activity expressing unity and peace. Faculty and Reqelforders indulged in a run around the Reqelford campus.



# SHOW TIME MAHINDRA HILLS PLAY SCHOOL

## Circle Time

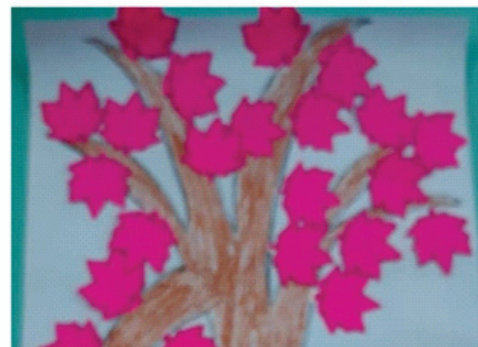


## Gardening



# HABSIGUDA PLAY SCHOOL





# HABSIGUDA PLAY SCHOOL



## RIDDLES

- 1) I am taken from a mine, and shut up in a wooden case, from which I am never released, and yet I am used by almost everybody. What am I?
- 2) A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
- 3) A woman shoots her husband. Then she holds him underwater for over 5 minutes. Finally, she hangs him. But 5 minutes later they both go out together and enjoy a wonderful dinner together. How can this be?
- 4) How can  $8 + 8 = 4$ ?
- 5) What has cities, but no houses; forests, but no trees; and water, but no fish?

# REQELFORD INTERNATIONAL SCHOOL

ACADEMIC YEAR 2022 - 23  
CCA PLAN FOR NOVEMBER -2022

**THEME- 'BE SAFE, BE KIND, BE SMART'**

DATE	DAY	GRADES	NAME OF THE ACTIVITY	TEACHER INCHARGE
4.11.2022	FRIDAY	I TO V VI TO XII	FUNTASTIC FRIDAY CLUB ACTIVITIES	SUSAN RESPECTIVE CLUB INCHARGE
5.11.2022	SATURDAY	VI TO XII	WORLD TSUNAMI DAY INTERHOUSE SPORTS COMPETITION	GOWTHAM
11.11.2022	FRIDAY	I TO V VI TO XII	FUNTASTIC FRIDAY CLUB ACTIVITIES NATIONAL EDUCATION DAY	SUSAN RESPECTIVE CLUB INCHARGE
12.11.2022	SATURDAY	ALL GRADES	OPEN HOUSE INTERHOUSE SPORTS COMPETITION	
14.11.2022	MONDAY	NUR TO XII	CHILDREN'S DAY CELEBRATIONS	DAVID
18.11.2022	FRIDAY	I TO V VI TO XII	FUNTASTIC FRIDAY CLUB ACTIVITIES	SUSAN RESPECTIVE CLUB INCHARGE
18.11.2022	FRIDAY	VIII TO XII	ORIENTATION WORKSHOP ON JUNIOR MBA CERTIFICATIONS - CLEVER HARVEY	MR.DAVID & TEAM
21.11.2022	MONDAY	I TO XII	COMMUNAL HARMONY DAY WEEK	C S CLUB TEAM
25.11.2022	FRIDAY	I TO V VI TO XII	FUNTASTIC FRIDAY CLUB ACTIVITIES	SUSAN RESPECTIVE CLUB INCHARGE
26.11.2022	SATURDAY	VI TO XII	REFESTA	



**Regelford**  
INTERNATIONAL SCHOOL

WHERE KNOWLEDGE IS BLISS

The Regelpost Newsletter is a monthly initiative of Regelford International School to keep parents informed about the exciting happenings that fill up your child's day at school.  
Please post in your feedback and valuable inputs on our website.

[www.regelfordfordinternationalschool.com](http://www.regelfordfordinternationalschool.com)